

### Soft Contact Lens Fitting Policies

- Please **bring all contact lenses, solutions, medications and lens care products to your examinations.** If you are out of lenses, please bring a copy of your latest prescription or empty boxes.
- Please **wear your lenses to annual and follow-up examinations.** The examination must include monitoring how the lenses fit in order to make sure that they are not causing problems with the health of your eye. This is best done if you have been wearing the lenses for at least 3-4 hours before your exam. To **finalize the prescription, all follow-up examinations must be completed.**
- **Payment for contact lens fittings and annual evaluations are due at the time of service.** Contact lens fittings are often NOT covered by your medical insurance. Please be aware that we do not accept coverage from separate vision plans.
- Patients who receive a new fit or refit for soft disposable contact lenses will **receive the appropriate number of trial lenses to wear until and to the follow-up visit.** If the lens fit is determined to be acceptable at the follow-up visit, a final contact lens prescription will be issued. If the lens fit is not acceptable at the follow-up visit, alternative trial lenses may be provided and another follow-up needed.
- Contact lens fittings include **90 days follow-up care** related to the contact lens fitting. New medical problems or existing problems may be monitored during this time. This is not included in the contact lens fitting and medical insurance co-pays will apply.
- After the final prescription is issued, patients **may purchase a supply of contact lenses.** The supply of lenses is **NOT included in the contact lens fitting or renewal fee.**
- Contact lenses can be **purchased through our office and shipped directly to your home via ABB Optical Group.** If you order a **12 month supply of contact lenses, ABB Optical Group will waive the shipping and handling fee.** If you order **less than a 12 month supply, you will be charged for the shipping and handling fee.**
- **Contact lens prescriptions include a specific amount of lenses and are valid for a maximum of 1 year** in Massachusetts. Prescriptions may be written for limited quantities or shorter times at the eye care provider's discretion. Patients are required to be seen at least annually to maintain contact lens prescriptions.

\_\_\_\_\_ Patient Initial

